Learning from Online & Other Resources

There is so much information on the internet that it can be overwhelming. Before you is a collection of links that lead you to a world of knowledge. So how can you learn what you need to with a whole library of resources to search through? Here are some tips to help you navigate through the learning process:

1. Look at all of the online links and information provided for you.

2. Print off the resources you find most helpful and place them in a binder or create an online list for your reference.

3. Use the objectives listed on the following pages as a guide to help you look for and answer specific questions related to the subject matter of each link.
Digestive Disease/Disorder:

Name of this disease/disorder: ______________________________________

1. Define this disease/disorder.

2. Name the part(s) of the digestive system involved in this disease/disorder.

3. Document known causes and/or risks of this disease/disorder.

4. Discuss common symptoms and related conditions of this disease/disorder.

5. Document any long-term complications associated with this disease/disorder.

6. Explain how this disease/disorder is diagnosed.

7. Describe the common medical and non-medical treatments for this disease/disorder.

8. List favorite resources for this disease/disorder.
Ostomy Care:

1. Name this ostomy type (ileostomy, colostomy, cecostomy, gastrostomy, jejunostomy) and the part(s) of the digestive system associated with this ostomy.

2. Describe how this ostomy is created.

3. List the Indications for why this ostomy is created.

4. Discuss post-op care for the patient with this ostomy.

5. Explain daily care routines for the patient with this ostomy.

6. List and compare supplies, equipment and products used for the patient with this ostomy.

7. Summarize the importance of nutrition in the patient with this ostomy.

8. Discuss common problems and complications and treatments associated with this type of ostomy.

9. List favorite resources and tips for this ostomy.

10. Name the top five important take away messages about this ostomy.